

# WESTCITY SOCCER

≡ personalized coaching and training ≡



## Individual & Small Group Training



**Personalized Sessions:** WCS specializes in one-on-one instruction for dedicated athletes of all ages. Individual sessions are a powerful way to increase speed, agility, technical precision and game intelligence.

**Coaching Philosophy:** WCS's coaching philosophy is to enhance overall athletic performance by building on inborn strengths. Children, teenagers and adults can become much better athletes by learning to capitalize their natural abilities and physical attributes. By developing personalized drills, games, and practice routines, Coach West is able to harness raw talent, while progressively instilling proper soccer technique and love for the most popular sport in the world.

### Step 1: Contact Details:

Contact Name: \_\_\_\_\_ Address: \_\_\_\_\_

City, \_\_\_\_\_ State, VA Zip \_\_\_\_\_

Phones: Cell: \_\_\_\_\_ Home: \_\_\_\_\_ Work Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Emergency Contact/Phone: \_\_\_\_\_

Player 1 and age: \_\_\_\_\_

Allergies Yes/No: \_\_\_\_\_ Medication: \_\_\_\_\_

Parent will observe/play Please circle.

Pick up Contact(s): If parent will not stay for the duration of the clinic, please provide pick-up contact name: \_\_\_\_\_

### Step 2: Payment Details: (Small Group is \$60/hr plus \$10.00 per additional player)

To register for Individual Session, please check the appropriate box below:

**3 Sessions**  
Cost:\$60/hour

**6 Sessions**  
Cost:\$50/hour

**12 Sessions**  
Cost:\$45/hour

For information, please give us a call: (434) 430 - 0378. Amount enclosed:

Payment \$ \_\_\_\_\_ Check #: \_\_\_\_\_

Payable to: West City Soccer Address: PO Box # 4849, Charlottesville, VA 22905

### Step 3: Areas of Interest:

Please check which areas you wish to gain more knowledge or increase in ability:

Attacking

Defending

GK

Agility, speed, quickness

Position Specific

Other \_\_\_\_\_

**Thank you! We look forward to playing futbol with you!**

PO Box # 4849, Charlottesville, VA 22905 ★ Tel: (434) 430.0378 ★ Coach@WestCitySoccer.com